



Dan Evans

speaking with confidence

typical outcomes

participants thoroughly enjoy the process	they relax, bond as a group, reflect on the event positively and promote it to their colleagues
presentation skill is enhanced	with greater awareness & ability ~ participants look and sound more credible and convincing ~ all will progress, some will achieve excellence
confidence is raised	participants feel more comfortable making presentations and feel more confident generally ~ this reduces stress and helps them with other aspects of their work and their life generally
a positive attitude is cultivated	participants don't just benefit from the power of positive reinforcement, they learn it's benefit and how to use it themselves
staff who don't attend benefit	participants will interact more positively with all colleagues ~ non-participants, when shown respect, will respond more positively also
barriers come down and teamwork is enhanced	participants feel less threatened and show empathy to colleagues with alternate points of view
changes can be profound and enduring	participants seek to perpetuate the 'engine' and help to build the confidence of others ~ they leave behind some counterproductive behaviours
the whole is greater than the sum of the parts	the cumulative effect of all these benefits is a more motivated, relaxed and positive team, working more collaboratively